

January 2022

with Yoni Shakti Yoga



notes:

*Yoga with Kayla is available only as private sessions

*Yoga with Gafieza is available in-studio and online excluding EVENTS (in-studio only)

*ONE-HOUR Sessions

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17 5pm - 6pm BEGIN	18	19 5pm - 6pm ACCEPT	20	21	22 9am - 10 am GROUNDED
23	24	25 5pm - 6pm ABUNDANCE	26	27 5pm - 6pm EASE	28	29 9am - 10 am EMBODY
30	31 5pm - 6pm HOME					

www.yonishakti.co.za

STUDIO ADDRESS:
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Observatory
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